

our environment *it's a living thing*

Live sustainably...

at home

- **Save water** – install water efficient showerheads and taps and save approximately 16,000 litres of water per year
- **Save energy** – and reduce your energy bill by choosing appliances with a high Energy Star Rating – the more stars, the less energy consumed
- **Shop wisely** – avoid waste by buying only what you need, select products with packaging you can recycle at home, ask for products made from recycled materials or those that can be recycled
- **Leave the car at home** – walking and cycling for short trips or taking public transport will help create cleaner air
- **Plant a local native plant** in your garden – and compost your food and garden waste

at work

- **Reuse and recycle** – set printers and photocopiers to print double-sided, refill toner cartridges, repair or donate good equipment, and recycle paper and cardboard
- **Save energy** – turn off equipment, appliances and lights when not in use and at the end of the day. Choose equipment with high Energy Star Rating and use the energy saving features
- **Buy green** – ask your suppliers for products that have recycled content, are recyclable and have minimal packaging
- **Save water** – install efficient AAA-rated fittings and timers to turn off equipment when not in use

at play

- **When bushwalking** – stay on the track, leave flowers and dead wood where they are, and please don't feed the native animals
- **When camping or picnicking** – follow park fire rules and observe any fire bans that may be in place. Locate your campsite in designated areas. Bury human waste, and use soap or detergent at least 100 metres away from waterways - and please take all your rubbish with you
- **When boating** – ensure your boat and engine is in good working order to minimise water, noise and air pollution, anchor away from seagrass beds, and travel at speeds that avoid excessive wash

volunteering

- **Bring back nature** – get involved with your local Care Network or National Parks Office to find out what volunteer bush regeneration, revegetation or urban environment groups operate in your area
- **Keep an eye on the place** – there are opportunities to take part in environmental surveys on biodiversity, plant, fish, bird or fauna - or you can join a local waterwatch or streamwatch group for ongoing involvement
- **Tell the story** – there are programs where you can lead walks, give talks or help raise awareness of environmental issues - contact your local Council for further information
- **Volunteer your professional expertise** – if you prefer not to work outdoors, then your professional advice or organisational skills could help with campaigning, fundraising or administration.

Browse livingthing.net.au today
for other sustainable living ideas



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Department of Environment and Conservation NSW

